

# THIS IS MY VOW

Avancée facile – 32 comptes – 2 murs

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Musique : This is My Vow - Duet Version - Songs of Worship

Style : NC

Source : Copperknob -

Intro : 16 counts

## FULL PIQUE TURN, STEP FULL SPIRAL, RUN X3, ½ STEP SWEEP, RUN X3, 1⅛ ROLLING TURN

- 1 Step right forward full turn right hitching left knee (1:30)  
2 Step left forward full spiral turn right hooking right over left (1:30)

### Option: 1-2 Step right forward, step left forward

- 3&4 Step right forward, step left forward, step right forward  
5 Turn ½ left step left forward sweeping right from back to front (7:30)  
6&7 Step right forward, step left forward, step right forward  
8&1 Turn ½ left step left forward, turn ⅛ left step right to right, turn ½ left step left to left (6:00)

## RECOVER, BEHIND, SIDE ROCK, ¼ RECOVER, ¼ SIDE, ARMS

- 2& Recover weight on to right, step left behind right  
3-4& Rock right to right, turn ¼ right recover weight on to left, turn ¼ right step right to right (12:00)  
5 Place right hand down in front of right leg palm down  
& Place left hand down in front of left leg palm down  
6 Raise both arms up  
7-8 Lower both arms over 2 counts

## IDE HITCH, SWAY, SWAY, ¾ STEP, LIFT, BACK, ¼ SIDE, CROSS SWEEP, CROSS, ¼ BACK, ⅜ STEP LIFT, TOGETHER LIFT, HITCH

- 1-2& Step left to left hitching right knee, step right to right swaying body right, sway body left  
3 Turn ¼ right step right forward, turn ½ right lifting left back (9:00)  
4&5 Step left back, turn ¼ right step right to right  
5 Cross left over right sweeping right from back to front (12:00)  
6& Cross right over left, turn ¼ right step left back  
7 Turn ¾ right step right forward lifting left forward (7:30)  
8& Step left beside right lifting right back, hitch right

## ⅛ NIGHTCLUB BASIC, SIDE LUNGE, FULL ROLLING TURN, SIDE, CROSS, SIDE, ⅛ BACK ROCK

- 1-2& Turn ⅛ left step right to right, step left beside right, cross right over left (6:00)  
3 Lunge left to left  
4&5 Turn ¼ right step right forward, turn ½ right step left back, turn ¼ right step right to right (6:00)  
6&7 Step left to left, cross right over left, step left to left  
8& Turn ⅛ right rock right back, recover weight on to left (7:30)

### TAG At the end of Walls 1 and 3

#### ⅛ SIDE, ARMS MOVEMENTS

- 1&a2 Turn ⅛ left step right to right, transfer weight onto left (6:00)  
Arms: Raise right arm up (&), raise left arm up (a), cross arms over body turning body to left (2)

Note: Turn ⅛ right to restart stepping right forward

### TAG At the end of Wall 5

#### SIDE, HOLD, ½ POINT, ½ POINT, CROSS, FULL UNWIND, SIDE, ARMS MOVEMENTS

- 1-2 Step right to right, hold  
3-4 Turn ½ right point left to left, turn ½ right point left to left (6:00)  
5&a6& Cross left over right (5), full unwind turn right (&), step right to right, transfer weight onto left  
+ arms movements (a6&) (6:00)

Arms: Raise right arm up (a), raise left arm up (6), cross arms over body turning body to left (&)

Note: Turn ⅛ right to restart stepping right forward

Et on recommence avec le sourire



New Line Danse