

THINGS I REGRET

Avancée – 32 comptes – 2 murs

Chorégraphes : Debbie Rushton (UK), Darren Bailey (UK),
Mike Liadouze (FR), Fred Whitehouse (IRE) & Guillaume Richard (FR)

Musique : All the Things I Regret - Oryn Etheria

Style : NC

Source : **Copperknob**

Intro : 16 comptes

Restart: Wall 3, dance the first 16 and change the last & count collecting RF next to LF squaring up to the front to restart the dance

Tag : At the end of wall 1 and 4, add the next 4 counts :

1-4 Make ¼ turn L stepping on LF, Rock RF fwd, Recover on LF, Make ¼ R stepping RF to R

½ RONDE, ROCK FWD, SIDE ROCK, BEHIND, ¼ TURN STEP, ½ STEP PIVOT, SPIRAL FULL, CURVE RUNNING

1-2& Step LF fwd and make ½ turn L with rondé R leg (1), Step RF fwd (2), Recover on LF (&) 6:00

3&4 Step RF to R (3), Recover on LF (&), Cross RF behind LF (4) 6:00

&5-6 Make ¼ turn L stepping LF fwd (&), Step RF fwd (5), Make ½ turn L keeping weight back on RF (6) 9:00

7-8& Make a full spiral turn R stepping on LF (7), Step RF fwd making a curve with 1/8 turn R (8),
Step LF fwd continuing the curve with 1/8 turn R (&) 12:00

1/8 TURN STEP & SWEEP, CROSS, ¼ TURN BACK STEP, ¼ TURN SIDE STEP, SWAY X2, STEP & PIQUE, CROSS, ¼ TURN STEP, FWD COASTER STEP, BACK STEP

1-2& Make 1/8 turn R stepping RF fwd and sweeping LF to the front (1), Cross LF over RF (2),
Make ¼ turn RF back (&) 10:30

3-4& Make ¼ turn L stepping LF to L (3), Sway to R (4), Sway to L (&) 7:30

5-6& Step RF fwd doing a piqué with L knee up (5), Cross LF over RF (6), Make ¼ turn R stepping RF fwd (&) 10:30

7&8& Step LF fwd (7), Step RF next to LF (&), Step LF back (8), Step RF back (&) 10:30

½ TURN ROCK STEP, BACK X2, STEP BACK & HOOK, STEP, FULL TURN & SWEEP, 3/8 JAZZ BOX, 1/8 TURN STEP, STEP FWD

1-2& Touch L toe back and make ½ turn L as you transfer weight on LF (1), Recover on RF (2), Step LF back (&) 4:30

3-4& Step RF back as you hook LF over R leg (3), Step LF fwd (4), Make ½ turn L stepping RF back (&) 10:30

5-6& Make ½ turn L stepping LF fwd sweeping RF to front (5), Cross RF over LF (6), Make ¼ turn R
stepping LF back (&) 7:30

7-8& Make 1/8 turn R stepping RF to R (7), Make 1/8 turn R stepping LF fwd (8), Step RF fwd (&) 10:30

1/8 TURN STEP, TOUCH, UNWIND, RUN X2, ROCK STEP, BACK, ¼ TURN STEP, LUNGE

1-2 Make 1/8 turn L stepping LF to L (1), Touch R toes behind LF (2) 12:00

3-4& Unwind full turn R finishing with R leg over L (3), Step RF fwd (4), Step LF fwd (&) 12:00

5-6& Step RF fwd and raise up on toes (5), Recover on LF (6), Step RF back (&) 12:00

7-8 Make ¼ turn L stepping LF to L (7), Lunge RF to R (8) 9:00

To restart the dance, make an extra ¼ turn L as you recover on LF to restart to 6:00

Et on recommence avec le sourire

