

OFF THE TRACK

Intermédiaire – 32 comptes – 4 murs

Chorégraphes : José Miguel Belloque Vane (NL), Matt Lewis (WLS),
Ray Jones (WLS), Rob

Musique : Off The Track - Cowboys and Indie

Style : CHA-WCS

Source : *Copperknob* –
Intro : 16 comptes

SIDE, BACK ROCK, RECOVER, LOCK STEP, $\frac{1}{2}$ PIVOT, $\frac{1}{2}$ LOCK STEP

- 1-2-3 Step Left to Left side, rock back on Right, recover weight forward on Left
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right
- 6-7 Step forward on Left, pivot $\frac{1}{2}$ Right taking weight on Right [6]
- 8&1 Turning $\frac{1}{2}$ Right; step back on Left, lock Right across Left, step back on Left [12]

DRAG, BALL CROSS, SIDE ROCK CROSS, $\frac{1}{4}$, $\frac{1}{4}$, CROSS $\frac{1}{4}$ TOGETHER

- 2&3 Drag Right towards Left, close Right beside Left, cross Left over Right
 - 4&5 Rock Right to Right side, recover weight on Left, cross Right over Left
 - 6-7 Turn $\frac{1}{4}$ Right and step back on Left, turn $\frac{1}{4}$ Right and step Right to Right side [6]
 - 8&1 Cross Left over Right, turn $\frac{1}{4}$ Left and step back on Right, close Left beside Right [3]
- *push hips slightly back keeping weight forward*

ROCK, HOOK, LOCK STEP, ROCK, RECOVER SWEEP, $\frac{1}{4}$ SAILOR

- 2-3 Rock forward on Right, recover back on Left and 'hook' Right across front of Left
- 4&5 Step forward on Right, lock Left behind Right, step forward on Right
- 6-7 Rock forward on Left, recover on Right sweeping Left out and back turning $\frac{1}{4}$ Left [12]
- 8&1 Cross Left behind Right, step Right out to Right, step Left to Left side

SIDE, HOLD, 1/8 BALL STEP, HOLD, 1/8 BALL ROCK, RECOVER, $\frac{1}{2}$ TURN, LOCK STEP

- 2&3 Hold count 2, close Right beside Left, turn 1/8 Left and step slight forward on Left
 - 4&5 Hold count 4, close Right beside Left, turn 1/8 Left and rock forward on Left [9]
 - 6-7 Recover weight back on Right, turn $\frac{1}{2}$ Left and step forward on Left [3]
 - 8&8 Step forward on Right, lock Left behind Right, step forward on Right
- * Push off Right foot to start the dance again stepping Left to Left side*

TAG; At the end of wall 2, facing 6 o'clock, there is a 4 count tag;

- 1-2 Step forward on Left, pivot $\frac{1}{2}$ Right taking weight on Right
 - 3-4 Step forward Left, close Right beside Left
- Begin the dance again now facing 12 o'clock

RESTART; During wall 5, facing 6 o'clock, dance up to and including the end of Section 3.
The last step of the sailor step will be count 1 of your new wall, again facing 6 o'clock

ENDING; You will begin the last wall facing 12 o'clock. Dance up to and including the sailor step then omit the $\frac{1}{4}$ turn from the step holds to finish facing 12 o'clock

- 1-2 Step Left to Left side, hold count 2
- &3-4 Close Right beside Left, Step Left to Left side, hold count 4
- &5 Close Right beside Left, Step Left to Left side with arms out to side

Et on recommence avec le sourire



New Line Danse