

FREAK OUT 54

Débutante+ – 32 comptes – 2 murs

Chorégraphe : Rébecca Lee (MI)

Musique : 54 (Freak Out) - Pitbull & Nile Rodgers

Style : Novelty

Source : Copperknob –

Intro : 16 comptes

KICK BALL POINT X2, JAZZ BOX

- 1&2 Kick R forward (1) Step R next to L (&) Point L to L side (2) 12h
3&4 Kick L forward (3) Step L next to R (&) Point R to R side (4) 12h
5-6 Cross R over L (5), Step L back (6) 12h
7-8 Step R to R (7) Cross L over R (8) 12h

R STEP TOUCH, L STEP TOUCH, V STEP

- &12 Step R to R (&), Touch L beside R (1) Hold (2) 12h
&34 Step L to L (&) Touch R beside L (3) Hold (4) 12h
5 6 Step R to R diagonal (5) Step L to L diagonal (6) 12h
7 8 Step R back in place (7), Step L beside R (8) 12h

SMALL JUMP FORWARD, CLAP, SMALL JUMP BACK, CLAP, SIDE TOUCH, SIDE TOUCH

- &12 Step R to R diagonal (&) Step L to L diagonal (1) Clap (2) 12h
&34 Step R back in place (&) Step L beside R (3) Clap (4) 12h
5-6 Step R to R side (5) Touch L in place (6) (styling: hip roll anti-clockwise) 12h
7-8 Step L to L side (7) Touch R in place (8) (styling: hip roll clock wise) 12h

SIDE ROCK BEHIND SIDE CROSS, WALK WALK, ½ TURN L RUN

- 1-2 Rock R to R side (1) Recover L (2) 12h
3&4 Cross R behind L (3) Step L to L (&) Step R forward (4) 12h
5-6 Walk L forward making 1/8 turn L (5) Walk R forward (6) 12h
7&8 1/8 turn L Step L forward (7) , 1/8 turn L Step R forward (&) 1/8 turn L Step L forward (8) 6h

TAG after Wall 1 (6:00) & Wall 4 (12:00)

1234 Freeze with any pose

Et on recommence avec le sourire

