

SLOW HANDS

Novice+ – 32 comptes – 4 murs

Chorégraphe : José Migue Belloque Vane

Musique : Niall Horan – Slow hands

Style : WCS

Source : *Copperknob*

Intro: 16 comptes

Sequences: 32, 16, Restart, 32, 16, Restart, 24, Restart, 32, 24, Restart, 32, 32, ending

WALKS FWD R, L, ½ PIVOT TURN L, CONTINUE A ½ TURN L, SWEEP L, WEAVE R, SIDE ROCK, RECOVER & CROSS.

1-2 Walk R forward, Walk L forward.

3&4 Step R forward, Pivot ½ turn L (6) over L, Continue a ½ turn L (12) step R slightly back and sweep L from front to back.

5&6 Step L behind R, Step R to R, Step L across R.

7&8 Step R to R, Recover back onto L, Step R across L.

SMALL STEP BACK, SWEEP R, BEHIND, SIDE, ½ PIVOT TURN L, ¼ PADDEL TURN L, ½ PADDEL TURN L, ½ SAILOR TURN R.

1,2& Step L slightly back and sweep R from front to back, Step R behind L, Making ¼ turn L (9) step L to L.

3-4 Step R forward, Pivot ½ turn L (9) over L taking weight onto L.

5-6 Making ¼ turn L (12) over L and point R out to R, Making ½ turn (6) L over L and point R out to R.

7&8 Step R behind L, Making ½ turn R (12) step L to L, Step R forward.

(NB: Restart here in WALL 2 / 4 after 16& counts, after start again).

BALL STEP, WALK L, R ANCHOR STEP, SWEEPS BACK & REPLACE L, R, L, SAILOR TURN L.

&1-2 Step L behind R on ball, Step R forward, Walk L forward.

3&4 Locked R behind L take weight onto R, Recover back onto L, Recover back onto R and sweep L from front to back.

5-6 Step L back in place slightly back and sweep R from front to back, Step R back in place and sweep L from front to back.

7&8 Step L behind R, Making ½ turn L (6) step R to R, Step L forward.

(NB: Restart here in WALL 5 / 7 after 24 counts, after start again).

2X CROSS HEEL JACKS R, L (TRAVELLING FWD), WALK R WITH ¼ TURN L, WALK L, ½ PIVOT TURN L, TOGETHER (WEIGHT CHANGE).

1&2& Step R across L, Step L to L slightly forward, Touch R heel diagonal forward, Step R back in place.

3&4& Step L across R, Step R to R slightly forward, Touch L heel diagonal forward, Step L back in place.

5-6 Making ¼ turn L (3) walk R forward, Walk L forward.

7-8 Step R forward, Pivot ½ turn L (9) over R and step L beside R taking weight onto L.

Et on recommence avec le sourire




Isa
New Line Danse