

# FRENCH TOAST

Intermédiaire+ – 64 comptes – 2 murs

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Musique : French Toast - FLOYD WONDER

Style : Funky

Source : Copperknob

Intro: 16 comptes

Séquence : A B Tag A Tag B A B(16 counts) Restart B

## PARTIE A

### CROSS SAMBA X2, HEEL SWIVELS, OUT OUT, JUMP

1&2 Cross RF over LF (1), Step LF to L (&), Step RF to R (2) (12h)

3&4 Cross LF over RF (3), Step RF to R (&), Step LF to L (4) (12)

5&6 Swivel R heel in (5), Swivel R heel back to center (&), Swivel L heel in (6), Swivel L heel back to center (&) (12h)

7&8 Step RF forward into R diagonal (7), Step LF forward into L diagonal (&), Jump with both feet back in center (8) (12h)

### ROCK STEP, OUT OUT, TRAVELING PIGEON TOES, STEP ¼ TURN, BALL STEP, DRAG

1-2 Step RF forward (1), Recover on LF (2) (12h)

&3&4 Step RF to R (&), Step LF to L (3), Swivel both feet toes and knees in (&), Swivel both feet toes and knees out (4) (12h)

5-6 Step RF forward (5), Make ¼ turn L stepping on LF (6), Step on ball of RF next to LF (&) (9h)

7-8 Big Step LF to L (7), Drag RF next to LF keeping weight on LF (8) (9h)

### ROGER RABBIT, OUT OUT, HEAD TURNS, SAILOR STEP, CROSS POINT, UNWIND ¾ TURN

&1&2 Scoot back on LF and kick RF straight back (&), Hook RF behind LF putting weight on RF releasing LF (1), Scoot back on RF and kick LF straight back (&), Hook LF behind RF putting weight on LF releasing RF (2) (9h)

&3&4 Step RF to R (&), Step LF to L (3), Turn your head to the L (&), Turn your head back to center (4) (9h)

5&6 Cross RF behind LF (5), Step LF to L (&), Step RF to R (6) (9h)

7-8 Cross L toes behind RF (7), Unwind ¾ turn L putting weight on LF (8) (12h)

### MAMBO, COASTER STEP, HITCH, POINT, ½ TURN, STEP, ½ TURN STEP

1&2 Step RF forward (1), Recover on LF (&), Step RF back (2), Step LF next to RF (&) (12h)

3-4 Step RF forward (3), Drag LF forward to finish with a L hitch (4) (12h)

5-6 Point L toes back (5), Make ½ turn L stepping on LF (6) (6h)

7-8 Step RF forward (7), Make ½ turn L stepping LF next to RF (8) (12h)

## PARTIE B

### STEP TOUCH X2, SIDE SHUFFLE, STEP TOUCH X2, SIDE SHUFFLE

&1&2 Raise L arm to L handpalm open (&), Step RF to R and make a fist to bring back L arm next to your chest (1), Touch LF next to RF and raise R arm to R handpalm open (&), Step LF to L and make a fist to bring back R arm next to your chest (2), Touch RF next to LF and raise L arm to L handpalm open (&) (12h)

3&4 Step RF to R and make a fist to bring back L arm next to your chest (3), Step LF next to RF and raise L arm to L (&), Step RF to R and bring back L arm next to your chest (4), Touch LF next to RF and raise R arm to R handpalm open (&) (12h)

5&6 Step LF to L and make a fist to bring back R arm next to your chest (5), Touch RF next to LF and raise L arm to L handpalm open (&), Step RF to R and make a fist to bring back L arm next to your chest (6), Touch LF next to RF and raise R arm to R handpalm open (&) (12h)

7&8 Step LF to L and make a fist to bring back R arm next to your chest (7), Step RF next to LF and raise R arm to R (&), Step LF to L and bring back R arm next to your chest (8), Flick RF back as you tap your R heel with your R hand (&) (12h)

### ROCK STEP, STEP & HEEL, BALL CROSS, BOUNCES X3 WITH ½ TURN, OUT OUT

1-2 Step RF forward (1), Recover on LF (2) (12h)

&3&4 Step RF to R (&), Put L heel into L diagonal (3), Step on ball of LF next to RF (&), Cross LF over RF (4) (12h)

&5&6 Lift your heels and bend your knees (&), Drop down heels as you start your half turn L (5), Lift your heels and bend your knees (&), Drop down heels as continue your half turn L (6) (7h30)

&7-8 Lift your heels and bend your knees (&), Drop down heels as finish your half turn L (7), Step RF to R (8), Step LF to L (&) (6h)

**HEEL GRIND, BEHIND,SIDE, CROSS SAMBA WITH ¼ TURN, CAMEL WALK X3, STEP ¼ TURN**

1&2& Cross R heel over LF (1), Step LF to L as you twist on your R heel (&), Cross RF behind LF (2), Step LF to L (&) (6h)

3&4 Cross RF over LF (3), Make ¼ turn R stepping LF back (&), Step RF forward (4) (3h)

5-6 Step LF forward as you point R toes next to LF and bend R knee (5), Step RF forward as you point L toes next to RF and bend L knee (6) (3h)

7-8& Step LF forward as you point R toes next to LF and bend R knee (7), Step RF forward (8), Make ¼ turn L stepping on LF (6h)

**WALK X2, MAMBO ½ TURN STEP, PADDLE TURNS, BALL STEP, STEP & FLICK**

1-2 Step RF forward (1), Step LF forward (2) (6h)

3&4 Step RF forward (3), Recover on LF (&), Make ½ turn R stepping forward on RF (4) (12h)

5-6 Make ¼ turn R on RF as you point L toes to L (5), Make ¼ turn R on RF as you point L toes to L (6) (6h)

&7-8 Step on ball of LF next to RF (&), Step RF to R (7), Step LF next to RF as you flick RF back in R diagonal (8) (6h)

TAG : 1-4 : Do the first 4 counts of part A

5- 8 Jazz Box : Cross RF over LF (5), Step LF back (6), Step RF to R (7), Step LF next to RF (8)

Et on recommence avec le sourire

