

WOKE UP LATE

Avancé – 64 comptes – 1 mur

Chorégraphe : Maddison Glover

Musique : Woke Up Late - Drax Project ft. Hailee Steinfeld

Style : Cha

Source : Copperknob - Intro : 32 comptes on the word "days"

SIDE, TOUCH/KNEE POP, 1/8 KNEE POP, LOCK SHUFFLE FORWARD, ROCK/RECOVER, LOCK SHUFFLE BACK

- 1,2 Step R to R side, touch L beside R as you pop L knee
 3 Take weight onto L as you pop R knee turning 1/8 turn L (10h30)
 4&5 Step R fwd, lock L behind R, step R fwd (10h30)
 6,7,8&1 Rock L fwd, recover weight back onto R, step L back, cross R over L, step L back (10h30)

POINT BACK, 1/2 UNWIND, LOCK SHUFFLE BACK, BACK ROCK/RECOVER, KICK FWD, TOGETHER, POINT

- 2,3 Point R toe back, unwind 1/2 turn over R whilst keeping weight on L (4h30)
 4&5,6,7 Step R back, cross L over R, step R back, rock back onto L, recover weight fwd onto R (4h30)
 8&1 Kick L fwd, step L beside R, point R out to R side (4h30)

TOGETHER, SWEEP AROUND/FORWARD, CROSS SHUFFLE, SIDE ROCK/RECOVER, BEHIND, SIDE, CROSS

- 2,3 Step R down (in place) as you turn 3/8 R (9:00), sweep L fwd/ around clockwise (9h)
 4&5 Cross L over R, step R to R side, cross L over R
 6,7,8&1 Rock R to R side, recover weight onto L, cross R behind L, step L to L side, cross R over L

3/4 TURN, SIDE SHUFFLE, BACK ROCK/ RECOVER, SIDE, TOGETHER

- 2,3 Turn 1/4 R stepping back onto L (12:00), make 1/2 turn R stepping forward onto R (6h)
 4&5 Step L to L side, step R beside L, step L to L side
 6,7 Rock back onto R, recover weight forward onto L
 8& Step R to R side, step L beside R (6h)

SIDE AS YOU FLICK HEEL UP (OVER 2 COUNTS), 1/4 FORWARD, 1/2 PIVOT, 1/4 SIDE (POINT UP), RETURN ARMS TO CENTRE OF BODY SNAP FINGERS OUT TO SIDE, ROLL R SHOULDER RIGHT, ROLL L SHOULDER L

- 1,2 Step R to R side as you slowing start to bend L knee / flick L heel up (slowly over counts 1-2)
 3,4 Make 1/4 turn R stepping fwd onto L (9h), pivot 1/2 turn over R keeping weight on R (3h)
 5 Make 1/4 turn R stepping L to L side (6h) et pointez vers le haut les 2 index dans la diagonale
 & Les pieds toujours écartés : ramenez les 2 bras vers votre corps coudes pliés
 6 Les pieds toujours écartés : Snap des deux mains vers le bas (45° coudes légèrement pliés)
 7 Pieds toujours écartés et bras vers le bas: Roulez le haut du corps vers la droite et amener l'épaule D vers le bas)
 8 Pieds toujours écartés et bras vers le bas: Roulez le haut du corps vers la gauche et amener l'épaule G vers le bas)

JAZZ BOX WITH HITCH, SIDE ROCK, RECOVER 1/4, FULL TURN FORWARD

- 1,2 (Relax/ drop arms) Cross R over L, step L back
 3,4 Step R to R side as you slightly hitch L knee up, cross L over R
 5,6 Rock R to R side, recover weight onto L as you make 1/4 turn L (3h)
 7,8 Make 1/2 turn L stepping back on R (9:00), make 1/2 turn L stepping fwd on L (3h)

WALK FORWARD X2, SIDE ROCK/RECOVER, CROSS, LARGE STEP BACK W. HEEL DRAG(5,6), TOGETHER, CROSS, SIDE

- 1,2,&3,4 Walk fwd R, walk fwd L, rock R out to R side, recover weight onto L, cross R over L (3h)
 5,6 Take a large step back on L as you begin to drag R heel towards L, continue dragging R heel
 &7,8 Step R beside L, cross L over R, step R to R side (Option: Taper des mains au niveau de la hanche G sur le compte8)

TAP BEHIND, 1/4 FORWARD, FULL TURN FORWARD, V STEP

- 1 Tap L toe behind R (Option: Joindre les 2 mains au niveau de l'oreil D et baisser la tête à D "sommeil")
 2 (Relax/ drop hands) Turn 1/4 L stepping fwd onto L
 3,4 Make 1/2 turn L stepping back on R, make 1/2 turn L stepping fwd on L
 5,6 Step R out into R diagonal, step L out into L diagonal
 7,8 Step R back, cross L over R

BRIDGE: Au cours de la 3ème séquence vous comptez 32& 'side, together' (face à 6h).

Ajouter les 4 comptes suivants :

- 1,2 Step R to R side as you roll upper body to R as you dip R shoulder down over 2 counts
 3,4 Roll upper body to L as you dip L shoulder down over 2 counts – Puis continue la danse du compte 33-à 64)

Après avoir terminé la 3ème séquence, vous danserez les comptes de 33-64 2 fois. Voir ci-dessous :

64 - 64 - 1-32 (4 comptes "bridge") 33-64 (12h) –Comptes 33-64 (6h) - Comptes 33-64 (12h)- 64

Et on recommence avec le sourire

