

# SO TIED UP

Intermédiaire – 32 comptes – 4 murs

Chorégraphe : Darren Bailey

Musique : So Tied Up by Cold War Kids

Style : Novelty

Source : Copperknob -

Intro: 16 comptes

**TAG (sur le mur 2 et sur les murs 4 et 8 (double tag))**

## WALK X 2, STEP, LOCK, FORWARD, FORWARD, STEP, PIVOT ½ L, ¼ TURN L, ½ TURN L

1-2& Step forward on RF, Step forward on LF, Step forward on RF lifting onto the ball of the foot

3&4 Lock LF behind RF, Step forward on RF, Step forward on LF

5-6 Step forward on RF, Make a ½ pivot turn L (6:00)

7-8 Make a ¼ turn L touching RF to R side, Make a ½ turn L touching RF to R side (9:00)

## CROSS SAMBA, CROSS AND BACK, BACK, BACK, OUT, OUT, TOUCH, CLAP X2

1&2 Cross RF over LF, Rock LF to L side, Recover onto RF

3&4 Cross LF over RF, step diagonally back on RF, Step straight back on LF

5-6& Step back on RF, Step back on LF, Step out to R side with RF

7&8 Step out to L side with LF, Touch RF next to LF and clap, clap

## POINT SIDE, TOUCH IN, HEEL FORWARD, CLOSE, TOUCH SIDE WITH KNEE IN, KNEE OUT, POP SHOULDER TO L, ¼ TURN L, LOCK, SHUFFLE FORWARD

1&2& Point RF to R side, Touch RF next to LF, Touch R heel forward, step RF next to LF

3&4 Touch LF to L side popping L knee in, Pop L knee out, Push shoulders to the L

5-6 Make a ¼ turn L and step forward on LF, Lock RF behind LF (6:00)

7&8 Step forward on LF, Close RF behind LF, Step forward on LF

## FULL CIRCLE RUN, POINT SIDE, CROSS, SIDE, SAILOR ¼ TURN L

1-2& Make a ¼ turn R and step forward on RF, Make a ¼ turn R and step forward on LF,  
Make a ¼ R and step forward on RF

3&4 Make a ¼ turn R and step forward on LF, Close RF next to LF, Point LF to L side (6:00)

5-6 Cross LF over RF, Step RF to R side

7&8 Cross LF behind RF making a ¼ turn L, Step RF next to RF, step forward on LF (3:00)

**TAG : Après le mur 1 face à 3h, après le mur 3 face à 9h (double), après le mur 7 face à 9h (double)**

## SLIDE DIAGONAL R, CLOSE, CHEST POPS, SLIDE DIAGONAL L, BALL CHANGE

1-2 Take a big step with RF to R diagonal, Drag LF

&3-4 Push chest out, Contract chest back, Hold

5-6 Take a big step with LF to L diagonal, Drag RF

&7-8 Step RF next to LF, Step forward on LF, Hold

## STEP ½ TURN PIVOT L, ½ TURN OUT, OUT, WALK BACK X3, CLOSE

1-2 Step forward on RF, Make a ½ pivot turn L

&3-4 Make a ½ turn L and step out on RF, Step out on LF, Hold

5-6 Step back with RF, Step back with LF

7-8 Step back with RF, Close LF next to RF

Isa  
New Line Danse

Et on recommence avec le sourire



(Par respect du traducteur merci d'indiquer sur vos fiches la source et le nom du traducteur)