

SEE YOU STRUT

Inter/Avancé – 64 comptes – 2 murs

Chorégraphe : Rachael McEnaney

Musique : Strut" – Adam Lambert

Style : Novelty

Source : Copperknob -

Intro: 16 comptes

WALK FWD R-L, ¼ L HITCH R, R SIDE, ¼ L SAILOR, CAMEL WALK R-L

1 2 3 4 Step forward R (1), step forward L (2), make ¼ turn left as you hitch R knee (3), step R to right side look to 12.00 (4) 9.00
5 & 6 Cross L behind R (5), make ¼ turn left stepping R next to L (&), step forward L (6) 6.00
7 8 Step forward R as you pop L knee forward (7), step forward L as you pop R knee forward (8) 6.00

WALK FWD R-L, ¼ L HITCH R, R SIDE, ¼ L SAILOR, CAMEL WALK R-L (Repeat 1 - 8)

1 2 3 4 Step forward R (1), step forward L (2), make ¼ turn left as you hitch R knee (3), step R to right side look to 6.00 (4) 3.00
5 & 6 Cross L behind R (5), make ¼ turn left stepping R next to L (&), step forward L (6) 12.00
7 8 Step forward R as you pop L knee forward (7), step forward L as you pop R knee forward (8) 12.00

R SAMBA, L SAMBA, R CROSS, ¼ R STEPPING BACK L, R CLOSE, L BACK, ½ R STEPPING FWD R

1&2 3&4 Cross R over L (1), rock L ball to left side (&) recover weight R (2), cross L over R (3), rock R ball to right side (&), recover weight L (4) 12.00
5&6 7 8 Cross R over L (5), make ¼ turn right stepping back L (&), step R next to L (6), step back L (7), make ½ turn right stepping forward R (8) 9.00

L FWD ROCK, L SIDE, R TOUCH, R SIDE, L TOUCH, L BALL, R CROSS, UNWIND FULL TURN L, R SIDE ROCK

1 2&3&4 Rock forward L (1), recover R (2), step L to left side (&), touch R next to L (3), step R to right side (&), touch L next to R (4) 9.00
& 5 6 7 8 Step L ball to L side (&), cross R over L (5), unwind full turn left (weight ends L) (6), rock R to right side (7), recover L (8) 9.00

RESTART: Pendant le 5ème mur, recommencez la danse ici – Changer le compte 8 et faire ¼ de tour à gauche Finir Pdc sur PG Commencer sur le mur 5 face à 12h et vous redémarrer la danse face à 6h

R SAILOR, L SAILOR, R BEHIND, ¼ L, R SIDE, L CLOSE, R SIDE, HEEL RAISE / KNEE POP (OR HOLD).

1&2 3&4 Cross R behind L (1), step L next to R (&), step R to right side (2), cross L behind R (3), step R next to L (&), step L to left side (4) 9.00
5 & 6 Cross R behind L (5), make ¼ turn left stepping forward L (&), step R to right side (6) 6.00
& 7 & 8 Step L next to R (&), step R to right side (7), raise both heels off floor popping knees forward (&), return heels to floor (8) OR HOLD &8 6.00

L CLOSE, R POINT, HOLD, TOE SWITCHES L-R, R KICK, R BALL, L SIDE, R 'CIRCLE' HITCH, R SIDE

& 1 2 Step L next to R (&), point R to right side (1), hold (2) 6.00
& 3 & 4 Step R next to L (&), point L to left side (3), step L next to R (&), point R to right side (4) 6.00
5 & 6 Kick R across L (body angled to 4.30) (5), step R next to L (&), step L to L side (6) (body still angled to 4.30) 4.30
7 8 Hitch R knee across L (7), make ¼ turn right stepping R to right side (8) Styling: As you raise the knee make a circle shape clockwise to put the foot back down 7.30

L KICK, L FWD, R TOUCH, R BACK, L KICK, L CLOSE, R KICK, R BALL CHANGE X2, R FWD, ½ PIVOT L

1&2&3 Kick L forward (1), step slightly forward L (&), touch R behind L (2), step slightly back R (&), kick L forward (3), 7.30
&4&5&6 Step L in place (&), kick R forward (4), rock back on ball of R (&), step in place L (5), rock back on ball of R (&), step in place L (6) 7.30
7 8 Step forward R (7), pivot ½ turn L (weight ends L) (8) 1.30

R DOROTHY, 1/8 TURN L DOROTHY, R FWD, ½ PIVOT L, ½ TURN L BACK R, ½ TURN L FWD.

1 2 & Step R to right diagonal (1), lock L behind R (2), step R slightly to right diagonal (&) 1.30
3 4 & Make 1/8 turn left stepping L to left diagonal (3), lock R behind L (4), step L slightly to left diagonal (&) 12.00
5 6 7 8 Step forward R (5), pivot ½ turn left (6), make ½ turn left stepping back R (7), make ½ turn left stepping forward L (8) 6.00

New Line Danse

Et on recommence avec le sourire



(Par respect du traducteur merci d'indiquer sur vos fiches la source et le nom du traducteur)