

HIGH

Intermediate – 48 counts – 4 walls

Choreographer : Isabelle Biasini

Music : High - Dupa Lupa & Whethan

Style : Novelty

Séquence : AA B AA B AAA

PART A (32 counts)

OUT OUT, SIDE ROCK ROCK RECOVER, SIDE ROCK, HEEL GRIND L WITH L 1/4 TURN, BACK, TOGETHER CROSS TRIPLE

- 1-2 RF forward R diagonal, LF forward L diagonal (12.00)
 3&4 Side rock RF, Recover, Side rock RF (12.00)
 5-6 Step L forward on heel, 1/4 turn on L heel, RF back (9.00)
 &7&8 Step back L on ball next to R, Cross RF over LF, Step LF to side L, Cross RF over L (9.00)

SLIDE L, 1/4 TURN WITH CAMEL WALK R, L, STEP R FORWARD, SIDE ROCK CROSS, ROCK STEP DIAGONAL

- 1-2 Large step LF to left, R 1/4 turn RF next LF with pop L knee (12.00) (*On the knee pop, stretch out your arm before pulling close to you*)
 3-4 Small step LF forward with pop R knee, RF forward (12.00)
 5&6 Side rock LF, Recover RF, Cross L over R (12.00)
 7-8 R1/8 turn R Rock RF forward, Recover LF (*Style : Make a body roll forward*) (1.30)

1/2 TURN ON HEELS, STEP LOCK STEP, MAMBO STEP L, MOONWALK L, R

- 1-2 RF next to LF and make a 1/2 turn L on heels, Put your feet flat (6.00) (*Mount the arms at the level of the head and pull down closed point*)
 3&4 RF forward, LF lock behind RF, RF forward
 5&6 LF forward, Recover, LF back and finish on ball L with Drag R and back step RF
 7-8 Finish on ball R with drag L and back step LF, Finish on ball L with drag R

SWEEP AND SAILOR 1/4 TURN, STEP FORWARD L, 1/2 TURN R, COASTER STEP, BALL STEP, SKATE R, SKATE L

- 1&2 Sweep RF and Cross RF behind LF, R 1/4 turn LF to L side, RF forward (9.00)
 3-4 LF forward, Pivot 1/2 turn L (finish weigh on the LF) (3.00) (*Style : raise and down the shoulders*)
 5&6 RF back, LF next RF, RF forward
 &7-8 LF next RF, RF diagonal forward, LF diagonal forward

PART B (16 counts)

BASIC NIGHTCLUB R, 1/4 TURN L STEP L FORWARD WITH SWEEP, CROSS R, STEP BACK, 1/4 TURN R LUNGE R, RECOVER L, STEP R FORWARD, L 1/2 TURN, L 1/2 TURN, L 1/2 TURN, L 1/2TURN

- 1-2& RF to R and drag LF R, LF behind RF, RF cross over LF
 3-4& L 1/4 turn LF forward with sweep RF from back to front, Cross RF over LF, Step back LF
 5-6 R 1/4 turn Press RF to R side knee bent, Recover LF
 7&8&1 RF forward (7), L 1/2 turn LF forward(&), L 1/2 turn RF back (8), L 1/2 turn LF forward (&), L 1/2 turn RF back (1)

COASTER STEP WITH SWEEP, STEP R FORWARD WITH SWEEP, STEP FORWARD L, CROSS L, SMALL STEP BACK, SMALL STEP BACK, SIDE, STEP L FORWARD, HITCH R

- 2&3 LF back, RF next LF, LF forward with sweep RF from back to front
 4-5 RF forward with sweep LF from back to front, L Cross over RF
 6&7 RF slightly back, LF to L side, RF cross over LF
 &8& LF slightly back, RF to R side, LF forward with Hitch R knee

AND START AGAIN WITH A SMILE